

↑ TO UPPER VALLEY

ENTIRE SANCTUARY VALLEY:  
225 HECTARES / 1 SQUARE MILE  
WITH 8.6KM PEST-EXCLUSION FENCE



## LOWER VALLEY MAP

### MAP LEGEND

#### Tracks

- Suitable for all
  - Suitable for: People of all abilities, including those with wheelchairs and mobility scooters.
  - Tracks: Even surface, well formed with no steps or steep sections.
  - 1-2 hour visit: Visitor Centre to upper kākā feeders and back via Lake Rd.
- Easy
  - Suitable for: People of most ages and fitness levels.
  - Tracks: Even surface, some gentle hills, may include steps and bridges.
  - 1-2 hour visit: Visitor Centre to upper kākā feeders, returning via Te Māhanga Track and pontoon walkway.
  - 2-3 hour visit: Visitor Centre to upper kākā feeders. Continue to the upper dam via Swamp Track, and return to the Visitor Centre via the suspension bridge, Beech Track, and Lake Road.
- Hiking
  - Suitable for: People with good fitness levels.
  - Tracks: May be steep, rough, or slippery and include steps and bridges.
  - 2+ hour visit: Explore the eastern and southern ends of the sanctuary using the network of yellow-marked tracks.

Pontoon / Bridge

Steps

Seats / Picnic tables

#### Amenities

- |           |                 |                                   |
|-----------|-----------------|-----------------------------------|
| Toilets   | Drinking Water  | Lookout                           |
| Cafe      | Information/Map | Electric boat (Weather dependent) |
| Gift shop | Assembly Point  |                                   |

**ZEALANDIA**  
**TE MĀRA A TĀNE**

Zealandia is smoke and vape free

In an emergency, please call: During open hours: 04 920 9213 After hours: 04 471 6870



## DID YOU SEE THAT?

Our top tip to see more? Take regular breaks to stop and listen. When you hear something, look carefully and you may see it too.



**TAKAHĒ**

Large, flightless bird once thought extinct. Usually found in the wetlands area. Nationally critical.



**HIHI / STITCHBIRD**

Forest bird with upright tail. Male has black 'hood' and yellow shoulders. Nationally vulnerable.



**TIEKE / SADDLEBACK**

Black bird with burnt orange saddle and red wattle. Once extinct on mainland but now thriving here.



**KĀKĀ**

Large brown parrot with orange underwings. Loud "skaark" call. Nationally vulnerable but thriving here.



**KERERŪ**

Large native pigeon with bright white belly. Once rare in Wellington, now commonly seen around the city.



**TŪI**

Black body with white throat tuft. Songs mixed with croaks and clicks. Common throughout Wellington.



**KORIMAKO / BELLBIRD**

Olive green bird with beautiful melodious song. Often found at feeders. Locally rare.



**KĀKĀRIKI**

Bright green parakeets often seen flying above the canopy. Loud rapid chatter. Considered at risk.



**PŌPOKOTEA / WHITEHEAD**

Small birds with a pale head. Usually in busy flocks making loud chatter in the tree tops.



**TOUTOUWAI / NORTH ISLAND ROBIN**

A small round bird with upright, long legs. Often found at ground-level, searching through leaf litter.



**RIRORIRO / GREY WARBLER**

Tiny grey bird with a white-tipped tail. With a loud trilling call, often heard but not seen.



**PĪWAKAWAKA / FANTAIL**

Small bird with a long, fanned tail. Swoops and flits to catch insects. High squeaking call.



**PĀTEKE / BROWN TEAL**

Rare native duck with a fine white eye ring. Half the size of a mallard. Often seen at both lake ends.



**TUATARA**

Rare medium-sized reptile considered "living fossils". Often seen basking on sunny days in research area.



**TITIPOUNAMU / RIFLEMAN**

NZ's smallest bird, green with a short tail. High-pitched call. Best spotted along Te Māhanga track.



**PŪTANGATANGA / TREE WĒTĀ**

Large insect commonly seen in wētā hotels. Cave wētā and rare Cook Strait giant wētā are also present.